



OVERVIEW REPORT OF SABAH TEENS SAY NO TO SUBSTANCE PROGRAMS 2024 (SUSTAINS 2024) IN CONJUNCTION WITH INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING 2024



INTRODUCTION

The International Day Against Drug Abuse and Illicit Trafficking is observed annually on 26 June, this year, located in East part of Malaysia, Sabah had organised holistic youth program on drug prevention program aka SABAH TEENS SAY NO TO SUBSTANCE PROGRAM (SUSTAINS 2024) to reflect not only to celebrate world drug day, but also aims for long term plan to show our serious commitment to protect adolescent from substance use forever

Chronology of implementation of SUSTAINS 2024

Rationale: In Malaysia, 3 out 4 adolescents use drugs and 1 in 5 of them taking alcohol and most of drug program among youth were one off and no actions made after the program

In May 2024, local committee (volunteers, school teachers, academcian and NGO) was set up to establish specific long term action plan to prevent youth drug use locally. Committee had decide to launch school youth society on drug prevention also known as ADAMS (Adolescent Against Drugs Society) during SUSTAINS 2024) in conjunction with World drug day on 26 Jun 2024

ACTIVITIES CONDUCTED

- 1.Public speaking on drug awareness among adolescent
- 2.Smart sharing with drug expert and academician
- 3.Small group discussion under selected counselors guidance
- 4.Delivering of drug pamphlets / handout to surrounding teens
5. Recitation of pledge
- 6.Launching of ADAMS (Adolescent Against Drugs Society)

End Game Consensus Plan

- 1.Training of trainers to enhance knowledge and skills about drugs among teenagers
- 2.Outreach activities youth to youth focused
- 3.Provision of website to spread the knowledge
- 4.To develop book on youth and drugs
- 5.Annual youth drug parade during international day against drug abuse and illicit trafficking
- 6.To organize drug conference for youth next year

Conclusion

This year we had celebrated The International Day Against Drug Abuse and Illicit Trafficking in by successfully organising SUSTAINS 2024 and after the program we had came up with meaningful consensus with six long term plan to protect out youth from drugs through the establishment youth society against drug. We will work harder to ensure the consensus plan will be converted into action and hopefully we will achieve drugs endgame among young people

