

Numbak Community Awareness Program On Tuberculosis And General Health 2024

Introduction: Community awareness program is one the important task in family and community medicine, as it engages the public to anticipate in health care and disease prevention. Numbak Community awareness program is organized by Klinik Kesehatan Menggatal and Panel Penasihat Klinik Kesehatan Menggatal, in collaboration with Family Medicine Department and HUMS uberization department, Hospital UMS, take place in Kampung Numbak Kota Kinabalu, on 26th October 2024. **Objective:** The primary objectives included increasing awareness of tuberculosis and non-communicable disease prevention strategies and facilitating access to local resources. **Methods:** Many activities carried out including Tuberculosis screening, general and mental health screening, smoking cessation and family planning and other activities like health talks, lucky draws and community interaction with doctors. Through health talk, health screenings, and community interaction, the program reached over 200 participants. **Results:** Preliminary results indicated about 8 in 10 participant reports increase in their knowledge about tuberculosis and general health and about 9 in 10 participants agree to make some changes in their lifestyle. **Conclusion:** These findings illustrate the program's impact on community health outcomes and highlight the need for continuous efforts in preventive care. Future program will focus on increasing more participation and additional collaboration to address more public health issues.